

SahuarO Weekly Update

"Where neighbors help neighbors build community."



Vice Mayor Steve Frate, Glendale Arizona

August 27, 2010



Parks and Recreation Master Plan Update. The last city of Glendale Parks and Recreation Master Plan was adopted in February 2002. Since that time, many changes have occurred within the community and surrounding areas. This update will result in a detailed "road map" that will identify community priorities for recreation and park facilities, as well as outline a plan of action. Input from local interest groups, community organizations and businesses, public officials and private citizens will be critical to help establish priorities for current and future parks and recreation services, programs and facilities offered within the city of Glendale.

Join us to help shape the future of recreation programs and the parks system! The next meeting for the Glendale Parks & Recreation Department Master Plan Update will be held at 6:30 p.m., Wednesday, September 22 at the Glendale Adult Center, 5970 W. Brown St. [Click here](#) for more information on the master plan process.



Permit '101' Training for Home Remodelers. Homeowners will learn how to save money on home improvement projects by taking advantage of available rebates and following the DO's and DON'Ts of the permit process in an upcoming free "Permit 101" class being offered by the city of Glendale.

To help raise awareness of the permit process and educate on how to "go green" while remodeling, experts from Glendale's Building Safety Department will teach residents everything they need to know about getting construction permits, why they're necessary and the possible costs associated with various home improvement projects.

Participants will learn about everything from minor remodels to room additions and solar-powered systems. A part of the class will educate homeowners on where they can find the best rebates and incentives for everything from energy-efficient appliances and windows to solar panels.

The class is Wednesday, September 15, from 6-7:30 p.m. at Glendale City Hall, 5850 W. Glendale Ave., second floor, room 2A. There is no cost and free parking is available in the adjacent garage. To reserve a spot in the class, call 623-930-2800. [Read more.](#)

Adaptive Recreation. The Glendale Parks & Recreation Department offers a variety of activities specially designed for individuals with physical, mental, emotional or social disabilities. Some of the upcoming activities and events include: the Fall Bowling Bonanza, Flag Football, Special Olympics Softball, a Sock Hop Dance in September, and a Goulies Dance in October. For more information about these activities, [click here](#) or call 623-930-4333.



Flu Shots and Blood Pressure Checks Available at Foothills. The Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr., will host Walgreens for flu shots and Midwestern University for blood pressure checks as part of its commitment to help build a healthier community.

The flu shots will be available from 8 a.m. to noon, September 10 and 14 and from 4 to 8 p.m., September 21. The shots, for ages 18 and older, are \$29.99; they are free for people with Medicare, Cigna, United Health Care and Medco health plans. Schedule an

appointment by calling 623-930-4600 or stop by the Foothills center front desk. Walk-ins will also be accepted.

Blood pressure checks will be available from 3 to 5 p.m., September 15. This is offered free and is open to the public with no appointment needed.

[Click here](#) for information about programs and activities at the Foothills Recreation & Aquatics Center.

CONSTRUCTION INFORMATION:

Union Hills Drive

Restrictions continue on Union Hills Drive as crews install new traffic signals and storm drains. To safely install the traffic signals and storm drains Union Hills Drive will be narrowed by one lane in each direction during weekdays and nights, and by two lanes in each direction this weekend. Please slow down as you approach the work zone and merge with caution.

- Eastbound Union Hills Drive narrowed between 83rd Avenue and Loop 101 for traffic signal and storm drain work.
9 p.m. Saturday - 3 p.m. Sunday (Aug. 29)
10 p.m. - 5 a.m. overnight both Monday (Aug. 30) and Tuesday (Aug. 31)
- Westbound Union Hills Drive narrowed between 81st Avenue and Loop 101 for traffic signal work.
10 p.m. - 5 a.m. Thursday (Aug. 26) and Friday (Aug. 27)
9 p.m. Saturday - 3 p.m. Sunday (Aug. 29)
9 a.m. - 3 p.m. Monday (Aug. 30) and Tuesday (Aug. 31)

For an overview of this project, [click here](#). For this week's update, including upcoming and ongoing restrictions, [click here](#).

Northern Avenue Storm Drain Project Update.

West of 61st Avenue: Restrictions continue for storm drain pipe inspection just west of and through the 61st and Northern Avenue intersection.

59th Avenue: Crews continue work north of Northern on 59th Avenue for storm drain lateral installation. Next week, traffic will be shifted to the west so that crews can work on the remaining lateral and catch basin located on the northeast corner of the intersection. The work on the northeast corner is estimated to take approximately two weeks to complete.

For up to date information on the Northern Avenue Storm Drain Project, call the project hotline at **1-877-203-0042** or [click here](#) for general information on all Glendale construction projects.

Around Town

[Click here](#) for the City Council meeting schedule.

September Business Forum. Business networking through The Business Forum at Glendale Library is a great way of establishing beneficial relationships with potential clients and area business people. On Wednesday, September 1, you are invited to join the group in the large meeting room at Glendale Main Library, 5959 W. Brown St. The free event is from 5:30-7:15 p.m. September's speaker, Sharon Ravenscroft, will present "Protect Your Assets: Your Business and Your Family – Wills, Trust, Probate and Estate Administration." Well-known businesswoman Joan Howard is facilitating The Business Forum. Contact her at 602-725-3246 for more information about the program or to RSVP.

Walk-in Small Business Counseling. No appointments are necessary for "Walk-In Counseling with SCORE" from 12:15-3:45 p.m. on Saturday, September 4, in the small meeting room at Glendale Main Library, 5959 W. Brown St. The Service Corps of Retired Executives (SCORE) can advise on all areas of business, from start-up information to marketing and accounting concerns. The counseling is free. For more information about SCORE, call 602-745-7250.

Teddy Bear Day. Celebrate Teddy Bear Day with your beary best friend from 10 a.m.-4 p.m. on Saturday, September 11 in Historic Downtown Glendale. Great deals, cool treats and furry fun are in store. Start your day at the Glendale Visitor Center to pick up your free gift bag filled with downtown discounts and an event map. The Visitor Center is located at 5800 W. Glenn Dr., Suite 140. A teddy bear drive to benefit the Glendale Fire Department's Trauma Teddy Program will also take place. For more information, call 623-930-4500.

Contact Vice Mayor Frate
Council Office: (623) 930-2249
Home Office: (602) 439-8151
E-mail: sfrate@glendaleaz.com